

# ENDINGS CAN MEAN FRUITFUL BEGINNINGS

*Have More Beginnings than Endings*

BY JOY PECCHIA

## **The Universe Might Be Winking**

The relatively mild marine west coast climate of the area doesn't fully mask the arrival of spring. Though not as dramatically as our Midwestern counterparts, the shift into spring signals as it does everywhere, rebirth, new beginnings and renewal. That's the earth cycle.

For its inhabitants, however, spring can occur in any season—making our endings and beginnings wildly unpredictable.

Consider the following:

- Since the beginning of the recession in December, 2007, an estimated 8.1 million jobs have been lost

That's a lot of endings.

*There will come a time when you believe everything is finished. That will be the beginning."*

Louis L'Amour

## What Feels Like an End Might Actually Be...

A little reflection on life will bring you to the realization that it's rife with endings (the big three may be death, divorce, job loss). All of us experience these and we all view them through different prisms.

You've heard the cliché- it's not getting knocked down that matters, it's that we rise. While I'm not fond of clichés, I tolerate this one because it has a kernel of truth.

How we rise is as different as our DNA, I suspect. But rise we must, sometimes in unexpected ways. New vistas beckon to us. Here are some examples of what could have been endings that kept turning into beginnings:

- What do Albert Einstein, Whoopi Goldberg and Ingvar Kampad (founder of Ikea) have in common? They all have dyslexia—a specific learning disability that manifests itself primarily as difficulty with written language, particularly reading and spelling.
- Ozzy Osbourne (musician and reality TV star) worked as a plumber, toolmaker, slaughterhouse worker and car factory employee.
- Chris Gardner (from the Pursuit of Happyness) spent time in jail, was homeless and sold medical appliances en route to owning a successful Chicago stockbroker firm

Every new beginning comes from some other beginning's end. Seneca (also in the Semisonic song, Closing Time)

### Conventional Help Spurs Unconventional Beginnings

Have you ever wondered how we would survive through an ending to another, fruitful beginning? Here are some methods to consider:

- Talk- Whether you speak with a spouse, friend or professional coach, find an ear. Make sure whomever you choose are empathetic souls who will listen without judgment.
- Explore- For example, I know a highly educated 25 year old, who lost his job working for a stockbroker in Chicago. It was quite a shock to him. However, he quickly amassed opportunities including working in a government job, teaching, or starting his own business with a partner. These were all culled from his contacts.
- Search- Always look for beginnings even when lodged in a comfort zone with no end in sight.

One last consideration, when you're in the midst of self exploring after a job loss, ask yourself:

Did the universe just wink?

*The secret to a rich life is to have more beginnings than endings.* - Dave Weinbaum



In 1996 Joy Pecchia was fast tracking it up the corporate ladder when she realized she was on the wrong ladder! In 2002, Joy exited the corporate world and launched her business—Joy Pecchia International, Inc. Because of her past corporate experience, many of her early clients were company leaders. She supported their vision, mission and strategy for their businesses as an executive coach.

As she worked with her growing client base, the dynamics changed. The emphasis shifted from business to personal mentoring — where she created a life system that strategically positions you in your life. This powerful brand of coaching has allowed Joy to run a deeply satisfying practice and affect the lives of her clients in profound ways.

Joy has also been involved with a world renowned coaching company, Robbins Research International, since 1999 and had been an Elite Coach with that organization for over seven years. She shares valuable tools and resources with her clients on a daily basis and has utilized them in her own life as well.

Numerous client comments are posted on Joy's website. Here's one-

"Throughout a six-month period, we accomplished my stated goals. Specifically, she assisted me with determining the necessary core behaviors for that extra '2 millimeters' of success. As a result, my personal fitness, spiritual fitness, and professional success are on track. I would recommend this program, and more specifically, Joy to any person desirous of high performing success!"

An avid outdoor enthusiast, Joy's hobbies include over the road cycling, roller blading, travel and yoga. She believes in lifelong learning and is an ardent reader.

Join Joy's community at [www.JoyPecchia.com](http://www.JoyPecchia.com) and sign up for your Top Tips & Strategies offer.

Check out Joy's blog at [www.behindboardroomdoors.com](http://www.behindboardroomdoors.com), a tell all blog about simple, practical, and proven success strategies.

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